



# Treatment Menu



# The Fun Way To Spa

The Ocean Spa is the perfect place to unwind and indulge in a little 'you time'. Whether you're after a quick pick-me-up or a full-on pamper session, we've got a range of relaxing treatments that'll leave you feeling refreshed and rejuvenated.



- Spa Experience
- Facials
- Massages
- Specialised Treatments
- 2-in-1 Treatments
- Treatment Packages
- Mini Treats
- Parent To Be
- Add-ons
- Teenage Treats
- Finishing Touches
- Spa information

# Spa Experience

2-Hour Spa Experience, £25 per person

Your spa experience includes full use of our spa facilities:

Hydrospa

Sauna

Crystal steam room

Outdoor hot tub

Heated loungers

Relaxation pods

Foot spas

Outside sun terrace

You'll be provided with a locker, towel and towelling slippers for the duration of your session. We can also provide a robe if you require one, for a £3 charge.

Chilled water is available free of charge. Unfortunately no alcohol is permitted within the spa.

We have a private changing room with a walk-in wet room, and a hoist available for any guests that require help getting in and out of the pool.

13-17 year olds are welcome to enjoy this experience, but must be accompanied by an adult (18+) at a ratio of 2 minors to 1 adult.



# Facials

Combining soothing massage techniques with luxurious products, our range of facials are designed to cleanse, tone and hydrate the skin, leaving you fresh-faced and glowing. Perfect for all skin types.

## Exquisite Eyes Facial

45 mins £50

A mineral facial incorporating a specialised Gua Sha eye massage to target fine lines, wrinkles, dark circles and puffiness.

## Elegance Facial

45 mins £50

A full cleansing and toning facial using exfoliation to brighten the skin, a nourishing mud mask and moisturising treatment.

## Tailor Made Facial

60 mins £60

A mineral facial, ideal for those new to spa. Receive a consultation and skin analysis to target your main skin concerns.

## Youthful You

75 mins £70

A luxury anti-ageing facial using a unique peel-off mask that combines Dead Sea mud and seaweed to tone and hydrate.

## Lava Thermafacial

75 mins £80

A deeply relaxing facial using self-heating Lava Shells, followed by a mineral mud mask, and a scalp massage. Tranquil and toning.



# Massages

Our massage treatments utilise techniques from around the world, bringing together the ancient therapeutic powers of the Dead Sea with intensely pampering massage rituals from the Orient.

## Heavenly Back, Shoulder & Head Massage

45 mins **£55**

A deeply relaxing head, neck, back and shoulder massage designed to release tension and stress, leaving you feeling revived.

## Tailor-Made Massage

60 mins **£65** 75 mins **£75**

A massage tailored to your needs. Choose the areas and pressure and let your therapist help ease away stresses and strains.

## Tranquillity Shiatsu

### Deep Tissue Massage

Back only 45 mins **£55** Full Body 75 mins **£75**

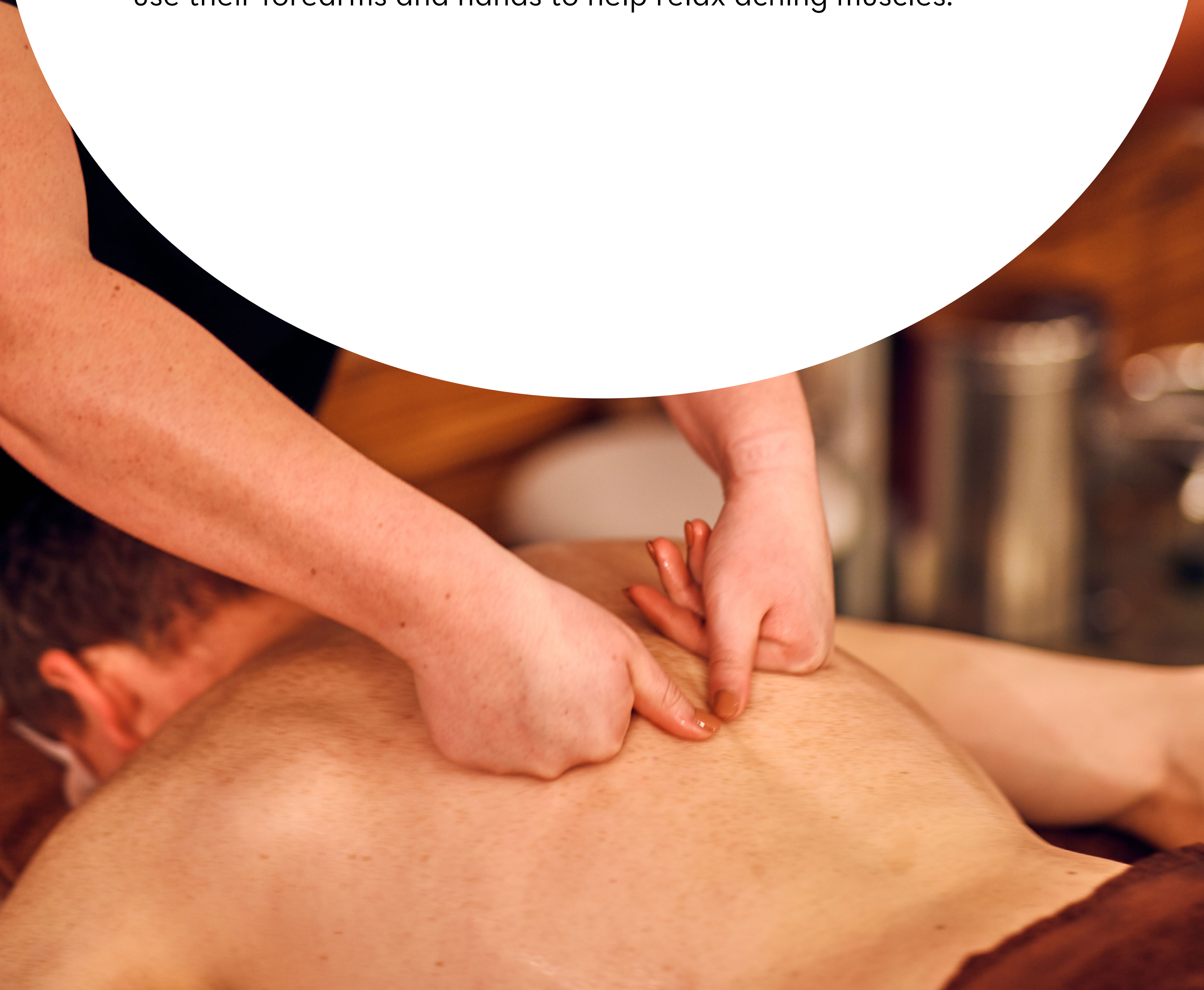
A deep and toning massage based on the ancient Japanese art of Shiatsu, combining Swedish and sports massage techniques.

## Comfort Lomi Lomi

### Hawaiian Massage

Back only 45 mins **£55** Full Body 75 mins **£75**

A soothing massage using nourishing coconut oil. The therapist will use their forearms and hands to help relax aching muscles.



# Specialised Treatments

Our specialised treatments utilise the natural powers of mud, salt and seaweed to tone and firm, ease muscle tension and relax body and mind. Perfect for all skin types.

## Infinite Indulgence Black

### Mud Envelopment

75 mins **£75**

A full body exfoliation followed by the application of warm Dead Sea mud and a heavenly scalp massage. To relax muscles and joints.

### Lava Shells

Back only  
45 mins

**£65**

Full Body  
75 mins

**£85**

An idyllic treatment combining the warmth of Lava Shells with deep massage techniques to relieve tension and sooth aches and pains.

### Molten Lava Stones

Back only  
45 mins

**£65**

Full Body  
75 mins

**£85**

A warm massage using molten stones crafted from a blend of black lava rock, real seashells and porcelain to sooth tired muscles.

### Hot Hot Hot Back Ritual

60 mins **£70**

A hot mud exfoliation, hot Stone Massage and hot Mineral Mud mask to promote a dreamy nights sleep. Leave feeling blissed out.



# 2-in-1 Treatments

2-in-1 treatments incorporate two elements of spa therapy in just one session offering the ultimate spa experience at great value.

## **Silky Skin Exfoliation & Massage**

45 mins **£48**

An exfoliating full body treatment using salt brushing followed by a back massage to relieve muscular tension and nourish skin.

## **Complete Calmness Facial & Massage**

45 mins **£48**

A serene facial and back massage that relieves aches and pains, plus restores firmness in the face and enhances hydration.

## **Beautiful Back Deep Cleanse & Massage**

45 mins **£48**

A deeply cleansing back treatment followed by a relaxing massage to reduce muscular tension and leave your skin feeling silky soft.

## **Hydrated Hands and Feet Revive**

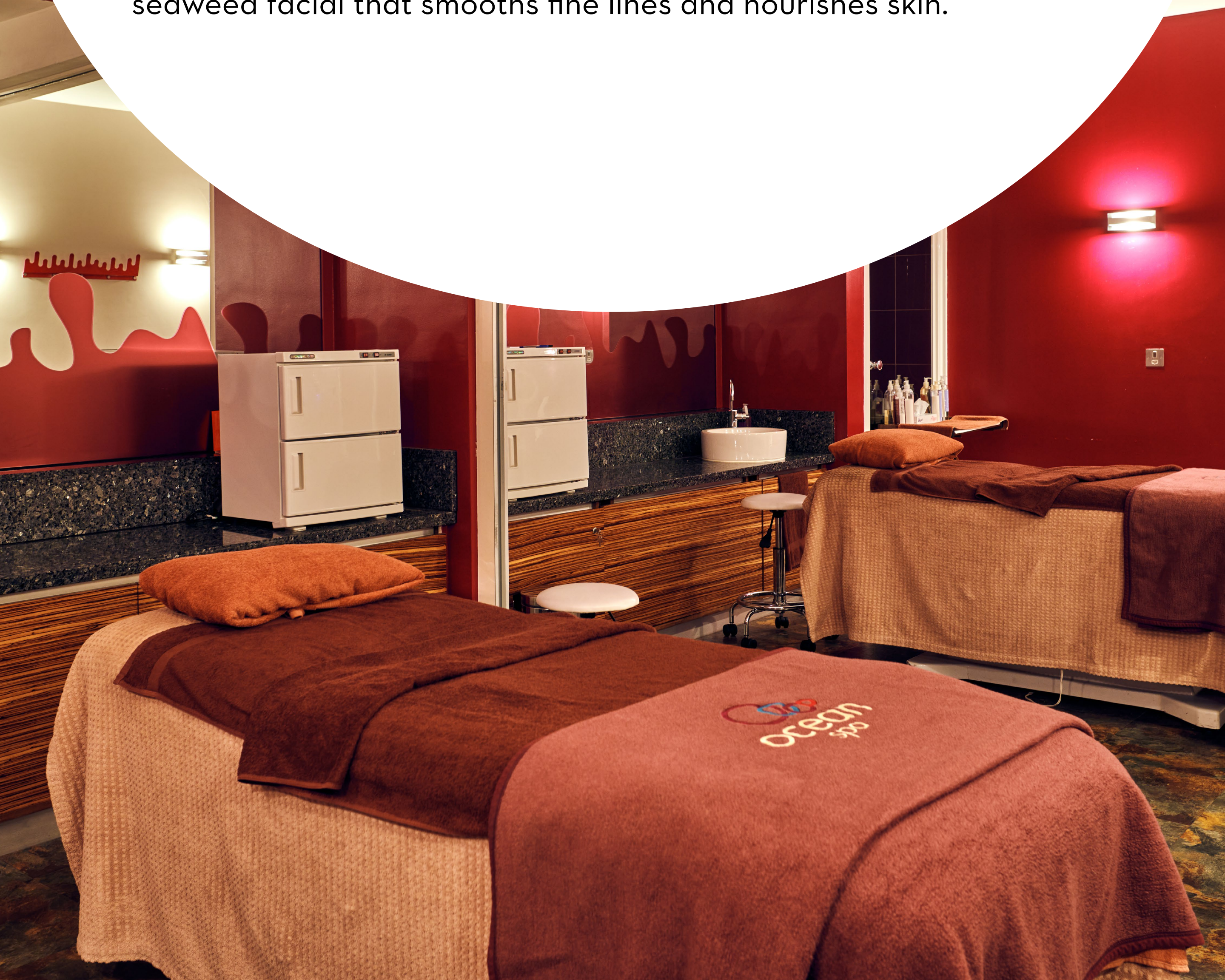
50 mins **£50**

A replenishing and nourishing mineral spa treatment to rejuvenate both hands and feet. Leaves skin soft, supple and feeling revived.

## **Age Away Facial & Exfoliation**

75 mins **£70**

A unique anti-ageing mineral body exfoliation, scalp massage, and seaweed facial that smooths fine lines and nourishes skin.



# Treatment Packages

Our specially designed packages are a combination of treatments and/or spa sessions, offering excellent value for money. Want to treat a loved one? They make a great gift.

## **Teens Only** *age 11-15yrs* *(worth £88)* **£80**

A pampering session designed especially for teenagers, featuring Teen Hands, Teen Toes and Elegant Teen Facial.

## **Harmonising Indigo** *(worth £112)* **£105**

An spa introduction. Enjoy a 2-hour Spa Experience, Essential Manicure and Complete Calmness or Silky Skin 2-in-1 treatment.

## **Double Deluxe For Two** *(worth £245)* **£225**

A back massage, hand/foot or scalp massage, mini facial and 2-hour Spa Experience **each**, plus a bottle of Prosecco to share.

# Mini Treats

Time-saving treatments to de-stress and relax or provide a little pick-me-up.

## **Mini Massage** *25 mins* **£35**

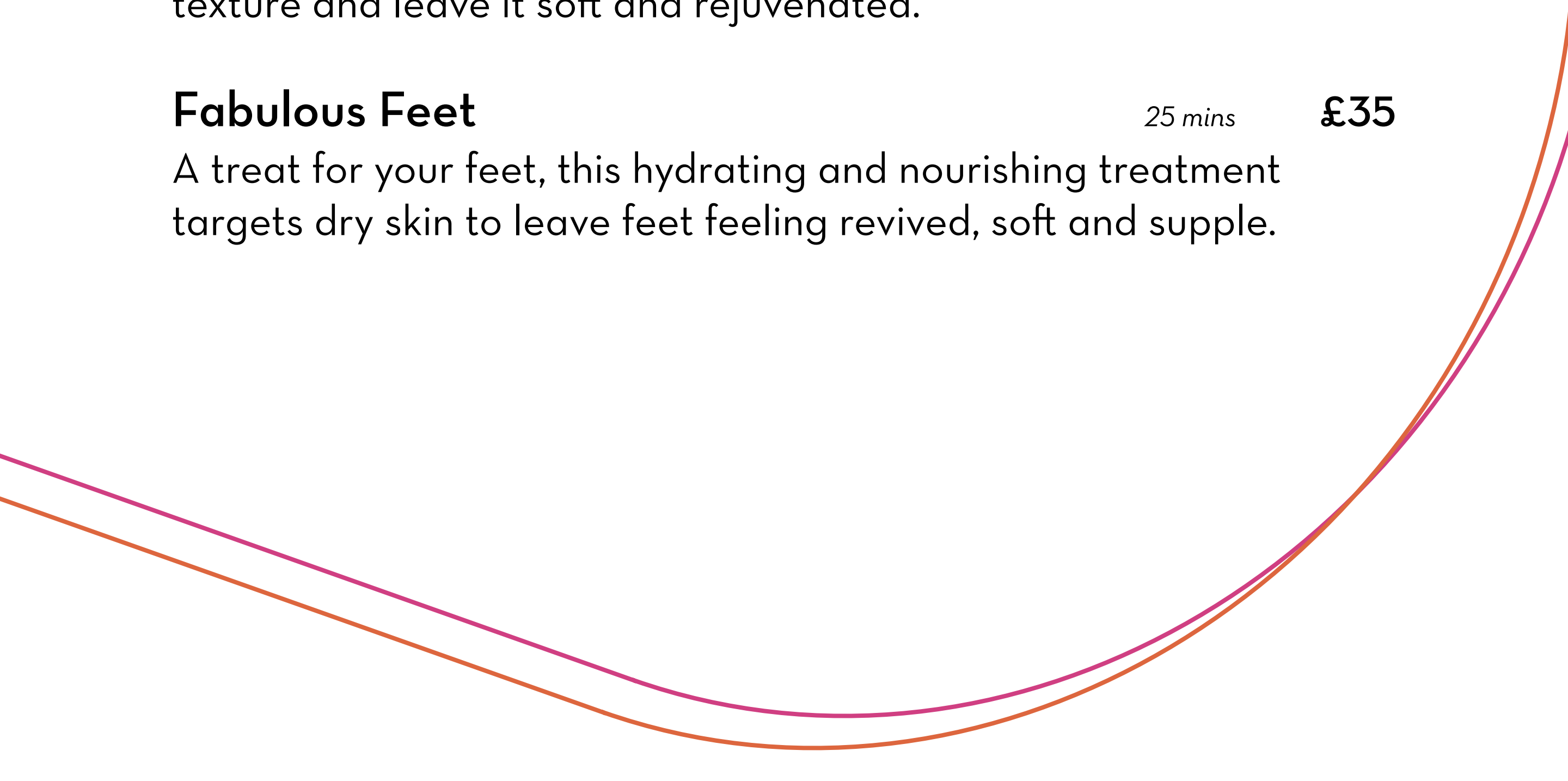
A relaxing and hydrating back massage to help relieve muscular tension, leaving soft, supple skin and a complete sense of calm.

## **Mini Facial** *25 mins* **£35**

A luxurious and relaxing mineral mud facial to improve the skin texture and leave it soft and rejuvenated.

## **Fabulous Feet** *25 mins* **£35**

A treat for your feet, this hydrating and nourishing treatment targets dry skin to leave feet feeling revived, soft and supple.





# Parent To Be

Take some time to relax and ease aches and pains during those precious months before and after giving birth with our specially designed Parent To Be and Post Natal treatments.

## Beautiful Beginnings Pregnancy

**Treatment** *(Suitable for 12 weeks +)*

75 mins

**£75**

An uplifting 3-stage ritual comprising of a cleansing foot treatment, full body exfoliation and luxurious mineral facial. Pure bliss.

## Mother-to-be Package

*(Suitable for 12 weeks +)*

*(worth £139)*

**£125**

A pampering package, featuring Essential Pedicure, Beautiful Beginnings Pregnancy Treatment and 2-hour Spa Experience.

## Bye Bye Bump Post Natal Treatment

75 mins

**£75**

A toning and firming abdominal treatment using a cooling seaweed mask and exfoliation, and incorporating a scalp massage.

## Post Natal Package

*(worth £150)*

**£135**

A blissful package, featuring Bye Bye Bump Treatment, Elegance Facial and 2-hour Spa Experience to help you unwind and de-stress.



# Teenage Treats

Not just for adults! Teens can escape the buzz of social media and enjoy a bit of pampering with our specially designed treatments.

**Teen Hands** *age 11-15yrs* 30 mins **£25**  
A lush manicure with a nail polish to keep.

**Teen Toes** *age 11-15yrs* 30 mins **£25**  
A pampering pedicure with a nail polish to keep.

**Elegant Teen Facial** 30 mins **£38**  
A facial to cleanse, tone and exfoliate, followed by a mud mask.

## Add-ons

Fancy a little extra pampering? Add a Mini Treat to any other spa treatment, massage or facial of 45 mins or longer.

**Mini Massage** 25 mins **£30**

**Mini Facial** 25 mins **£30**

**Mini Body Scrub** 25 mins **£30**

**Fabulous Feet** 25 mins **£30**



# Finishing Touches

## Eyes

Brow Tint	£11
Lash Tint	£20
Lash & Brow Tint	£25

## Nails

File and Polish <i>(with nail polish to keep)</i>	£21
Essential Manicure <i>(with nail polish to keep)</i>	40 mins £39
Essential Pedicure <i>(with nail polish to keep)</i>	40 mins £39
Deluxe Manicure or Pedicure <i>(with nail polish to keep)</i>	55 mins £48
Junior Polish <i>(10yrs and under)</i>	£10

## Waxing

Lip	£9
Chin	£9
Lip & Chin	£16
Eyebrow	£16



# Spa Information

## Spa Reservations

All spa bookings made directly with the Ocean Spa require full payment in advance which can be paid over the phone or in person.

Ahead of your arrival, you'll receive an e-mail from the Ocean Spa team asking for your preferred date and time for your booking. Once confirmed, you'll receive a confirmation with everything you need to know ahead of your visit.

## Cancellation and Lateness Policy

We require a minimum of 24 hours' notice to change or cancel your appointment. Refunds are subject to terms and conditions at time of booking.

Please arrive on time for your appointment. Arriving late will impact the length of your treatment and may result in your appointment being cancelled. Cancellations due to late arrival will not be refunded. No shows will not be re-booked or refunded.

## Spa Vouchers

Looking for a gift? We have vouchers available for treatments or a specific value. These are valid for 6 months and can be purchased by phone or in person.

## What to bring with you

For the Spa Experience we will provide you with a locker key, towel and slippers. We also provide shower products for you to use, so all you need to bring is swimwear. For a treatment, please arrive in whatever you're comfortable in. Guests using the spa facility are required to wear appropriate swimwear. We do not allow outer clothing or footwear in the spa.

## Spa Etiquette

The spa is a tranquil setting designed for all guests to have a relaxing experience. Please help us to achieve this by keeping noise levels low. Taking photos of other guests is prohibited, along with talking loudly on the phone. The spa is a non-smoking environment and we ask you to respect other guests by not reserving seating.

## Loss or Damage

We will not be held responsible for any loss or damage of your personal possessions. Keep all valuables in your locker and your locker key safe.

## Contact us

If you'd like any more information just call 01243 845211. Alternatively you can email us at [oceanspa@butlins.com](mailto:oceanspa@butlins.com) or pop in and see us.