

DINE AROUND

As part of your DineAround dining plan enjoy a choice of main with regular or large chips, 2 sides and a regular soft drink or a tea/coffee

Our Menu



ALLERGEN, CALORIE AND OTHER DIETARY INFORMATION
Whether you are vegetarian or vegan, have an allergy or intolerance to any of the 14 major allergens, have specific dietary requirements, or just want more details about our food and drinks including calorie information - simply scan the QR code to find out more. Adults need around 2000kcal a day.

FISH

Cod	6.75
Haddock	6.75
Cod Bites	5.85
Fishcakes (2)	3.95
Breaded Scampi	6.75



CHIPS

Regular Chips Ve	2.95
Large Chips Ve	3.75

PIES

Steak & Kidney Pie	4.25
Chicken & Mushroom Pie	4.25
Beef & Onion Pie	4.25

CHICKEN

Battered Chicken Nuggets	4.50
Chicken Burger	5.25

SAUSAGE

Battered Pork Sausages (2)	3.95
Pork Sausages (2)	3.95
Saveloy Pork Sausage	2.75

SIDES

Onion Rings	1.25
Floured Bap & Butter V	1.25
Mushy Peas Ve	1.25
Baked Beans Ve	1.25
Grated Cheddar Cheese V	1.25
Mushy Pea Fritter V	1.50
Curry Sauce	1.25
Gherkin Ve	1.25
Gravy Ve	1.25
Pickled Egg V	90p
Pickled Onion Ve	90p

DRINKS

	Regular	Large
Coke Zero	2.60	3.15
Diet Coke	2.60	3.15
Coca-Cola	2.80	3.40
Fanta	2.60	3.15
Lemonade	2.60	3.15
Capri-Sun (200ml) Choose Orange or Apple and Blackcurrant.		2.00
Smart Water (600ml)		2.00

NO ADDED SUGAR

ICE CREAM £2.95

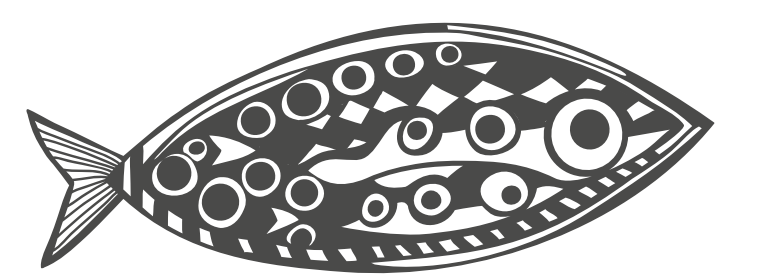
Individual ice cream tubs. Choose from:

Clotted Cream Vanilla	Mint Flavour Chocolate Chip
Vegan Vanilla Strawberries & Clotted Cream	Vegan Chocolate Salted Caramel

See packaging for calorie information.

Add a drink for only £1 when you buy any item from our fish, pies, chicken or sausages, with regular chips. Choose from: Regular Coke Zero, Diet Coke, Coca-Cola, Fanta, Lemonade, Smart Water (600ml). See packaging for calorie information.

Children's Meal Deal £6.50



Choose from:

- Cod Bites & Chips
- Fishcake & Chips
- Pork Sausage & Chips
- Scampi & Chips
- Battered Chicken Nuggets (4) & Chips
- Battered Pork Sausage & Chips

Add one of these drinks:

- Coke Zero (small)
- Diet Coke (small)
- Coca-Cola (small)
- Fanta (small)
- Lemonade (small)
- Still Water (330ml)
- Capri-Sun (200ml)
Choose Orange or Apple and Blackcurrant

NO ADDED SUGAR

See packaging for calorie information.

MENU DISCLAIMER Suitable for vegetarians **V** Suitable for vegans **Ve**

For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food or drink ingredients and if you have any allergies or any specific dietary requirements, please ask a team member every time before ordering even if you have dined with us before as the ingredients in our food and drinks can change. Allergen, calorie and other dietary information of the food and drinks we serve is available via the QR code on the menu. Our team cannot offer specific advice beyond our published information. Our menu descriptions do not list all ingredients, please advise the team of any specific dietary requirements when ordering. We take great care to prevent allergen cross-contamination when preparing your food and drinks, however, please be aware that they are prepared in kitchens and bars where all 14 major allergens are present. There is also a risk of allergen cross-contamination through shared cooking equipment such as fryers. Therefore, we cannot guarantee that any of our food and drinks will be free from allergen cross-contamination. If you would like further information on our cooking methods, please ask. The allergen, calorie and other dietary information for packaged products (e.g. in sachets, pumps, pods, tubs, bags, pouches, cans and bottles) is not covered in our published information, please refer to the product packaging. Adults need around 2000kcal a day.

Rock & Sole
FISH & CHIPS