

# FORK BUFFET

Upgrade your lunchtime experience with one of our delicious hot fork buffets.  
We've got a selection of worldwide cuisines to really set your delegates up for the afternoon.  
All our Fork Buffets are served with one of our delicious Bowls of Soul.

## ASSORTED

Chimichurri Chicken Thighs with Rice and Crushed Tortilla Chips  
Vegetable & Chicken Gyozas with Dipping Sauces  
Shrimp Gyozas with Dipping Sauces

Duck & Hoisin Gyozas with Dipping Sauces  
Crispy Beef with Crunchy Vegetables and a Thai Sticky Sauce  
Vegan Kofta Kebab with Indian Summer Salad **V**

## KOREAN

Korean-Style Spicy Chicken Thighs & Rice  
Korean-Style Stir-Fried Beef Noodles  
Korean-Style Bapsang Mushrooms **Ve**  
Vegetable Chow Mein **V**

Korean-Style Mung Bean Sprouts **Ve**  
Korean-Style Oi Muchim Cucumber Salad **Ve**  
Vegetable Spring Rolls **Ve**  
Prawn Crackers

## ITALIAN

Beef Lasagne  
Italian-Style Meatballs Bolognese  
Roast Vegetables in Spicy Arrabbiata Sauce  
with Herbed Potatoes **Ve**

Italian Vegetable Caponata **Ve**  
Italian Caprese Salad **V**  
Garlic Bread **V**

## TEX MEX

Chicken Enchiladas    Homemade Beef Chilli con Carne  
Vegan Chilli sin Carne **Ve**    BBQ Pulled Pork Soft Tacos  
Buffalo Cauliflower Soft Tacos **Ve**  
Loaded Nachos with dry-fried Minced Beef  
Sliced Gherkins and Nacho Cheese  
Mac & Cheese    Corn on the Cob    Rice

## INDIAN

All curries are served with rice.  
Butter Chicken    Beef Rogan Josh    Lamb Madras  
Tandoori Chicken Thighs    Chickpea Chana Masala **Ve**  
Chapatti **Ve**    Naan Bread **V**    Mango Chutney **Ve**  
Lime Pickle **V**    Mint & Coriander Raita **V**

For additional information including pricing, please speak to one of our friendly team.

Adults need around 2000kcal a day. **V** Suitable for vegetarians. **Ve** Suitable for vegans. Our vegetarian and vegan dishes are prepared in the same areas as non-vegetarian/vegan ingredients and may be deep-fried in the same fryers as non-vegetarian/vegan ingredients. Therefore, they may be cross-contaminated and may contain **Milk** and **Eggs**. Please check the online menu via the QR code every time before ordering, even if you have dined with us before as ingredients and allergens can change. Products may not be available due to supply issues.

## ALLERGEN & NUTRITIONAL INFORMATION



For allergen and nutritional information, simply scan the QR code.  
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**THIS IS  
WHAT WE DO**

## BOWLS OF SOUL

For a healthy addition to your lunch, try one of our nutritious bowls of soul. Made with fresh ingredients, our chefs draw inspiration from all over the globe to create this delicious array of salads for your delegates.

### GREEN VALLEY SALAD <sup>Ve</sup>

Buckwheat, broccoli rice, broad beans and fine garden peas finished with a sweet mustard sauce

### SPARTACUS SALAD <sup>V</sup>

Orzo, black rice, cherry tomatoes and olives finished with a lemon dressing with a hint of mint

### INDIAN SUMMER SALAD <sup>Ve</sup>

Quinoa, tomato, broad beans, chickpeas, and mixed peppers in a mild green curry dressing

### SUNNY VIBES SALAD <sup>Ve</sup>

Tasty combination of kale, tomato, soybeans and red onion mixed with brown rice and quinoa

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Image for illustrative purposes.

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